

Using Our Family Bubble For A Visit

From Monday 29th of June, Cheswold Park Hospital will be re-open to family/carer visits. To make your first visit more memorable and celebratory after so many months of lockdown, we have erected a marquee in one of our internal courtyard gardens. This provides: -

- A unique setting for your first visit.
- We can supply a professional photographer to take family shots for you to send to other members of your family / friends or to display on your mantelpiece (much like we did at Christmas) This is only available Monday to Friday up to 5:00pm but other staff can use the camera over weekends if requested by you.
- We will supply you with drinks (unfortunately our plan to do a barbeque for family first-visits isn't currently permitted under the NHSi/PHE guidance for hospitals but if that changes in the future we will try to incorporate some food when you visit).
- You will be in a 10 mtr x 4 mtr marquee so you will have plenty of space to adhere to the social distancing rules.
- You will have plenty of fresh air using open sides on the marquee, if the weather permits, so we can avoid you sitting in airless rooms.

As per the current government guidelines, we are only permitted to admit a maximum of 2 visitors to attend each visit. Any exceptional circumstances will need to be discussed (those travelling a few hundred miles etc) with the service's MDT and the hospital management team so we do not break the guidance.

Current government guidelines stipulate children under the age of 18 cannot be admitted into the hospital.

Our priority is to keep patients and the staff (who have worked tirelessly and at some risk to themselves over the last few months) safe and attempt to prevent Covid-19 cases within the hospital. We trust that you will understand that we are trying to balance the urgency and benefits of assisting families to link up again with keeping patients and staff safe. With that in mind, we respectfully request the following:

- If possible, please arrange to have a Covid-19 test at your local testing station between 3 & 7 days prior to your visit so you will have received your clearance (a negative test result) before the day of your visit. You can book your test using this link:- www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/. Not all local testing centres will allow you to have a test when you don't have symptoms, but some centres do because you are visiting a hospital.
- Anyone showing symptoms of coronavirus should not visit, even if these symptoms are mild or intermittent, due to the potentially serious risk the virus poses to others. This might save someone's life and it is important for infection prevention and control. If you display symptoms of coronavirus you should self-isolate at home and organise a test, members of your household should also self-isolate for 14 days.

During your visit to the hospital you will be required to:

- Wear a face mask when inside the hospital during your visit (including whilst in corridors) . We will provide a clinical face mask to you on arrival.
- Wash your hands with soap and water for at least 20 seconds prior to being allowed to enter the hospital from reception and again when leaving the building - you will notice that sinks have been fitted in reception for this purpose.
- Allow staff to keep everyone safe by monitoring your temperature in reception.
- Follow social distancing rules when you visit with respect to other patients, visitors and staff. This means, that as difficult as it will feel, you should not be hugging your loved one. We appreciate that this sounds and feels cold and callous; but we ask for your help to prevent loved ones from catching the virus.
- Leave all personal devices, mobile phones, cameras, keys etc. in lockers in reception.

We also request that you:

- Use the bathroom in the reception area before entering the hospital as there are no bathrooms available for visitors inside the hospital. We are unable to facilitate trips back and forth to the reception area for a toilet break.
- Please stay in the designated visitor area until staff advise otherwise.
- Visitors are not allowed to smoke inside the hospital, inside the marquee or indeed even inside the gates of the grounds.

Please:

- **Do not** bring children under the age of 18 with you on the visit - they are not allowed into hospitals at present.
- **Do not** attempt to visit any other care area in the hospital.
- **Do not** use any toilet facilities, other than the one designated for visitors in reception.
- **Do not** bring food into the hospital.
- **Do not** access food areas, unless directed to do so by staff.
- **Do not** bring cigarettes, e-cigarettes or lighters into the hospital.

We really hope your visit will be joyful and reassuring occasion for you.

Please contact the ward staff, in the normal manner, to discuss whether a visit is possible with your loved one and if so to arrange a date and time.

Please arrive in reception 15 minutes prior to your booked time so you can be checked-in, use the facilities and be briefed prior to being taken to the marquee.

Time slots for family visits are available Monday to Sunday as follows:

Allocation	Start Time	Finish Time
Visit 1	10:30	11:30
Clean Down	11:30	Noon
Visit 2	Noon	13:00
Clean Down	13:00	13:30
Visit 3	13:30	14:30
Clean Down	14:30	15:00
Visit 4	15:00	16:00
Clean Down	16:00	16:30
Visit 5	16:30	17:30
Clean Down	17:30	18:00
Visit 6	18:00	19:00
Clean Down	19:00	19:30

The Family Bubble



We really hope your first visit to see your loved one after this long lockdown is a joyful, happy and memorable occasion for you.

Please note that if we get future cases of Covid-19 on the site, then we may need to again suspend visits, for the safety of patients and staff and if this happens we will contact you in advance of your booked visit.